

JUNE 2023



MY ANGEL FOUNDATION

Monthly Update Newsletter



My Angel Foundation Inc is a
501 (c)(3) non-profit recognized by
the IRS.

Tax ID Number: 88-2110266

*On a mission to drive tangible
change in Venezuela*



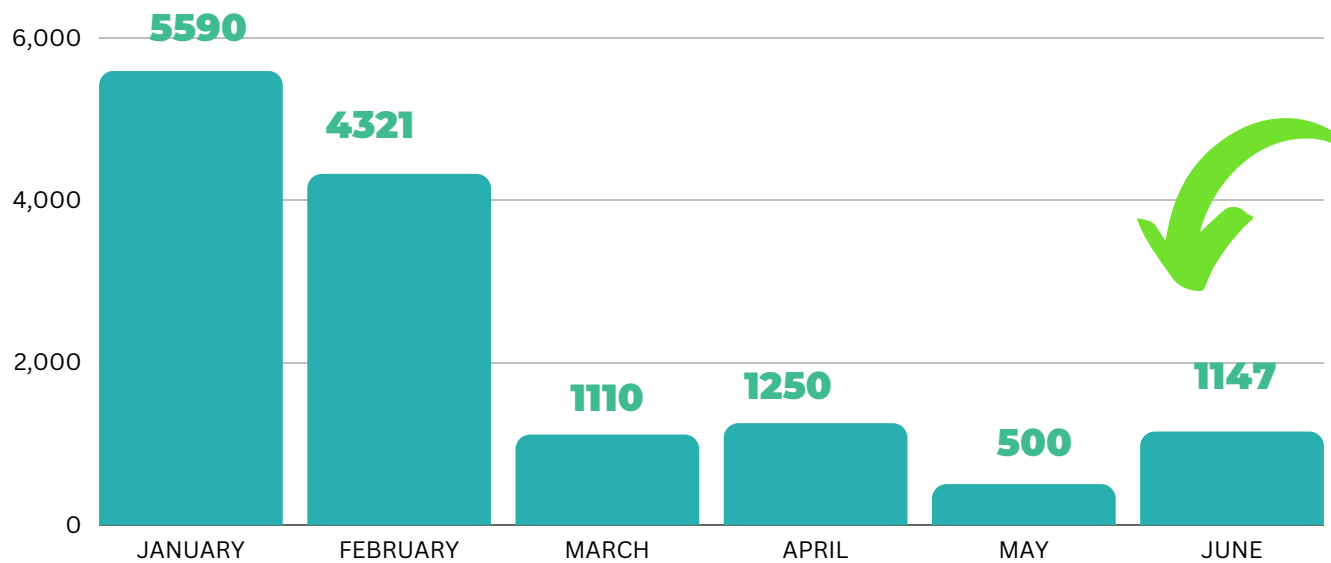
JUNE RECAP



June was filled with several events all around Venezuela, including 10 meal activities in 4 different states. We formed a new partnership with a foundation in Maracaibo, Venezuela, allowing us to serve children in many vulnerable neighborhoods there who need a helping hand. In total we served **1,147 meals**, getting us closer to our goal of **100,000** for the year. Though a long ways to go, we have big things planned for the second half of the year, and continue to be amazed at the support of our community in helping us generate real change in vulnerable communities all across Venezuela.

RESULTS

2023 YEAR TO DATE MEALS SERVED



TOTAL: 13,918

GAP TO GOAL: 86,082

One meal
costs
~\$0.56



TRUJILLO

04



Meals on the Streets

Our partners, Foundation Drawing Smiles, distributed 200 trays of food for us to people who were waiting for their hospitalized relatives, medical staff and care center worker in the emergency area. We received a very strong response from many people, grateful for a hot plate of food during a difficult time. Many had traveled from very far and couldn't otherwise afford to eat.



Community Cinema Nights

Two nights in June, our team hosted a Community Cinema Night, where they provided a free movie, sandwiches, and juice, for the community. Two nights of 150 kids were hosted, and fun and a true sense of community was enjoyed by all.

These communities are very vulnerable, so providing a safe and positive environment, as well as a plate of food, is very important for the kids.



New Partnership Highlight

June began the beginning of a new partnership for us with a foundation that hosts their own diners across extremely depressed communities in Maracaibo. They currently operate 3 daily diners, but a lot of days cannot afford to open due to lack of donations. We sponsored 3 days of lunches and plan on doing many more. They utilize a nutritionist to ensure these children are receiving the protein and nutrients they need to grow. The days the diners are unable to open, the kids unfortunately still line up hoping for food we are told. We cannot stop our mission until these kids have daily nutritious lunches. We have the blessings and affordability to help!

EXAMPLE MENU

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The Menu

We often get asked about the meals that we provide, and how we keep costs so low. We pride ourselves on meals that are nutritious, and cost around \$0.56/plate, so we can maximize every dollar and feed as many people as possible. Many of the people we serve wouldn't otherwise have a hot meal, so it's important to reach as many people as we can, with our limited funds and budget.

Example 1



Menu: Rice with chicken, salad, bread and juice

Rice = \$12.61
Chickens = \$15
Sausage = \$10
Bread = \$12
Juice = \$15

Seasonings = \$15
Salad = \$20
Mayonnaise = \$8.01

Total Cost: **\$107.62**
Cost per Meal: **\$0.54**
Total People Served: **200 People**

Example 2



Menu: Pasta with ground meat, salad, bread and juice

Pasta = \$52.57
Meat = \$20.80
Dressings & vegetables = \$15
200 bread = \$12
Natural juice = \$15
Salad = \$20
Mayonnaise = \$8.01

Total Cost: **\$143.38**
Cost per Meal: **\$0.71**
Total People Served: **200 People**



Father's Day Celebration

Our partners at I ❤️ Projimo participated in a Father's Day activity with us, where they prepared and delivered 50 meals to deserving fathers around their communities. These surprised, yet deserving fathers enjoyed a hot meal and a thank you from our team!



CARABOBO

08



Community Meals

We also hosted two separate community meal nights in Carabobo where we fed 152 people total a hot meal of pasta and ground beef sauce. To many, pasta is a rare treat, and the added protein is something they don't often have. These meal nights are filled with games and celebration in addition to the hot meal.



CARABOBO

09



Soccer Tournament Meal Sponsorship

220 kids in Carabobo joined for a first annual soccer tournament. 7 teams played, and were served a hot meal of chicken and rice afterwards. The meal gave them some protein and nutrients after a day of fun, competition, and a lot of soccer.





JULY PLAN

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CALENDAR & PLAN

We believe in full transparency of funds, and have pre-scheduled all of our activities for the upcoming month so we can share with all of you our vision. This allocation of resources allows us to service each of our active foundations across many states in Venezuela, to appropriately account for each of their needs, given our availability of funds.

July Total Meals:

3,000

July Total Cost:

\$1,575

July Cost per Meal:

\$0.52



JULY 2023

Driving Change Throughout Venezuela

SUN	MON	TUE	WED	THU	FRI	SAT
						1 GUANTA 110 MEALS \$55
2 D. SONRISAS 200 MEALS \$115	3	4 GUANTA 130 MEALS \$55	5 REDIMI ABUELOS 110 MEALS \$115	6 GUANTA 130 MEALS \$55	7 PREESCOL 50 MEALS \$35	8 I ♥ PROJIMO 100 MEALS \$55
9	10 GUANTA 130 MEALS \$55	11	12 GUANTA 130 MEALS \$55	13	14 D. SONRISAS 200 MEALS \$115	15
16 I ♥ PROJIMO 400 MEALS \$220 GUANTA 70 MEALS \$30	17	18 GUANTA 130 MEALS \$55	19	20 GUANTA 130 MEALS \$55	21	22 I ♥ PROJIMO 100 MEALS \$55 D. SONRISAS 1000 MEALS \$500
23	24	25	26	27	28	29



As with each month, we are extremely grateful for your continued support. Without it, we would not be able to continue this project. What started out as helping a few families each week has turned into something so much bigger, and we truly feel this is just the beginning.

There are so many kids who need our help, and we won't stop until every kid has access to the nutrition they need to grow healthy and strong, and ultimately, end the cycle of poverty that many kids fall into.

Thank you!

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